



# Cycling shorts

Ripon Loiterers  
Cycle Club

## NEWSLETTER OF THE RIPON LOITERERS CYCLE CLUB

### Ride Report

Six riders left the Leisure Centre heading for Hutton Conyers and Carthorpe.

As the weather was favourable we continued onto Snape then over to Masham where we stopped for our coffee break at the Border Café.

We left Masham with the sun still shining and made our way home via Grewelthorpe and Kirkby Malzeard. this is where we 'lost' two riders who wanted to extend their ride.

The four of us remaining continued back to Ripon via Galphay.

A pleasant 32 mile ride in good company.

*Brian & Wendy*

### *From Across the Pond... Red Rocket Rantings*



Looks like the Loiterers no longer loiter. I also noticed that you guys have had to hang the bikes up due to weather. We have had to do the same here.

Are you going to change the web site name? It still identifies you as Ripon Loiterers: searched under Ripon Cycling Club and found the Web site just fine.

I have been doing a bit of riding... when it is cold and unsafe like it has been I ride a stationary bike. In 2009 I rode 2,802 miles and walked 1,972 miles. My goal was 3,000 on the bike and 1500 walking. The winter weather and two out of town trips in December "ate my lunch" on the bike. I only have 9.1 miles of riding as of today. NOT an auspicious start to the 2010 goal of 3,000 miles.

Lord, we miss you guys! The riding here is really good but not as picturesque as N. Yorkshire. John Carrington has sent me photos as well as Dennis Thornton (a non rider but a good friend) and it certainly makes us homesick!

Hope y'all have great riding adventures in 2010.



*Fred*

### *Winter Weather*



If the weather is poor the run leader may decide to curtail the run length but we will go somewhere for coffee and a social – so still worth turning up.

If we have conditions that are likely to make the run unfeasible such as snow or severe ice then please ring the run leader the night before to confirm the run is still on – or not!

If the run leader decides to cancel the run due to snow, ice etc then he/she should try and e mail club members the night before that the run is cancelled.

We will always aim to get back to the leisure centre before day light fades and lights are required. However, it just takes a few problems or mechanical issues to delay things. So please bring some lights, even if it is just a rear flasher.

Please keep a rear flasher on your bike in case of emergencies all year round. It is also useful as a back up for dark afternoons and in case of accidents.

We also advise the wearing of bright reflective clothing and helmets (not CTC policy)

*Edited by H.G. Wheels*